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## At the Helm



Another Berkshire Log and another Commander's message. Seems to me I just wrote one but never mind, I've got lots to tell! We just finished the Spring basic boating class – for those of you who came to help us make the students feel welcome THANK YOU lots!

It was a great class – and some are interested in joining so we just have to wait and see. I'll keep you posted.

Next, you've got to check out the courses SEO Carl will be offering in the Fall. I've taken the Weather course and it is fantastic. I've used the information tons both on the boat and on land. It is always great to know in advance what the weather is going to do. We've also got a lot going on this Summer thanks to Administrative Officer, Mike.

Not only is Mike going to run a CPR course for us (you'll have to register because of the dummies!!) – no I'm not included. He talking about another Live on the Lake and a Dock Party. These are really fun and Mike picks the best Live on the Lake and arranges good weather too!

Need your boat inspected? Contact John Holden to arrange for the inspection – remember John can do paddle boats too. 413-441-3769. Dave Trudeau and Carl Filios are organizing another search for geodetic markers. Interested? Contact either one to sign up. Sounds like a great time.

As for me, I took the short Weather seminar a couple of weeks ago and then we had the snow! Of course I knew when the wind changed and the temperature dropped, I would have to put the heat back on! The problem was trying to find my gloves.

Anyway since everyone is working on their boats to get ready for our boating season, I know I've got to get cracking – like where did I put the stuff last time – and of course the most important question – do I really have to take all this stuff?

So there you are: there are lots of things coming up and we need YOU! It's way more fun when YOU'RE there! So we've got educational events, social events and civic events even searching for geodetics!

As I said before, we want to keep you informed and ***“Keep Berkshire Alive and Have Lots of Laughs and Fun Doing It!”***. Join in the mission – as the commercial says ***“Try it, You'll Like It!”***  
**Susan Darcy, JN**

**BERKSHIRE SAIL and POWER SQUADRON**  
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*The opinions expressed in "The Log, by the Editorial Staff or Contributors are their own and do not necessarily reflect the opinions of the Berkshire Sail and Power Squadron or those of the United States Power Squadron.*



**BSPS & USPS CALENDARS**

- June 14 -- Berkshire Leadership Team Meeting
- June 21 -- Weather Seminar Makeup Session
- June 24-26 - Spring Rendezvous at Block Island (see details in this LOG)
- July 13 -- Live on the Lake
- July 23 - Summer Council - Possible place Tarrywile Red Barn Danbury with a Lobster & Clam Bake (about \$40 per person)
- August 9 -- Berkshire Leadership Team Meeting
- Aug 21-28 - Fall Governing Board - Pittsburgh Sheraton (many good activities scheduled - see USPS website)
- August 27 -- Dock Party
- Sept 19 -- Weather Course begins
- Sept 20 -- Piloting Course begins
- Oct 7-8 D2 Fall Conference - probably at Maron Hotel in Danbury.

Like Us on Facebook



Read informative articles about boating

See announcements for courses and social events

<https://www.facebook.com/pages/Berkshire-Sail-and-Power-Squadron/528850690570303?ref=hl>



**BSPS Info Line**  
**413-266-1130**

Do you know that we have an informational telephone line? Call to learn details of upcoming events. Refer your boating buddies for information on upcoming on Public Boating classes and

**Berkshire Sail & Power Squadron**

Forty Three Years of Service to Boaters  
 1974 - 2016

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In **LIVING COLOR** at:

[http://www.usps.org/d2/d2\\_squadron\\_news.html](http://www.usps.org/d2/d2_squadron_news.html)

***Please Remember...***

All members are requested to notify our commander or editor of the death of any other member or a member's family as soon as possible. We want to express our condolences in a timely manner and we need the help of all our members to this end.

## An At Sea Adventure Moving WayFinder North

By Tom Dailey and David Trudeau

On April 28, 2016 Tom Dailey, David Trudeau and a third volunteer crew member departed Massachusetts for Charleston, South Carolina to board Tom and Paula Dailey's 47' Nordhavn Trawler, WayFinder and navigate it back to its Summer port in Greenwich Bay, Rhode Island. Following are excerpts of events that took place during the trip and voyage as recorded in the travel and ships logs.

<b>Thursday 04/28/16</b>	
0230 - 0330	Load Hertz rental car with gear & supplies. Depart Dave Trudeau's home in Gr. Barrington.
1900	Arrive @ City Marina, Charleston, SC. Load gear & supplies on WayFinder, quick arrival celebration of beer and wine, enjoy a hearty dinner at Waterfront Restaurant on the Ashley River.
<b>Friday 4/29/16</b>	
0800 - 1500	Hot showers at marina facilities, coffee and bagel breakfast on board. Noticed galley refrigerator at 53°F should be less than 40°F. Check with marina office for refrigeration for service call. Check with diver for hull clean. Leave boat to return rental car and purchase provisions for offshore voyage. Receive call that refrig. service tech waiting for WayFinder. Service tech finds refrig. compressor low on refrigerant, evacuates and recharges refrigerator. Confirms cooling to 34°F, diver completes bottom clean.
1550 - 1700	Finish provisioning purchases, return rental car to Hertz. Check operations of all electronics, nav lights, thrusters, engines, etc. Dinner on board, plan for 0600 departure Saturday.
<b>Saturday 4/30/16</b>	
0645	Off dock, heading down Ashley River to Charleston Harbor and open water of Atlantic Ocean past Fort Sumter, outside Charleston Harbor entrance channel, heading NE.
0820	Winds from Southwest, seas 1-2'.
1200	Seas 2-5' wind shifting to West.
1600	Seas 4-5' winds from NE – boat pitching ± 10 - 20°. NE wind and seas continue through night, uncomfortable ride crew struggling to avoid seasickness, no appetites, try to sleep while off watch.
<b>Sunday 5/1/16</b>	
0700	Third volunteer crew member requests to be put ashore in Beaufort, NC due to discomfort from boat motion. Change course from offshore toward Cape Hatteras to Beaufort. Weather forecast predicts winds to shift SE to SW making passage around Hatteras feasible and greatly reduce boat pitching.

### **Sunday 5/1/16 - continued**

1800	Captain overrides request for Beaufort drop off to take advantage of favorable weather window around Hatteras. Agree to do crew drop inside Cape Henry at marina in Little Creek, VA.
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### **Monday 5/2/16**

1800	Obtain cell phone service and set up plan to discharge crew at Little Creek Marina. Expect to arrive in Little Creek around midnight.
2400	Touch-n-go at Little Creek dock. Discharge crew. Set return course to Cape Charles.

### **Tuesday 5/3/16**

0230	Reach ocean, return course North toward Delaware Bay. S/E wind, 0-1' following seas, intermittent light rain. Tom & David share watches until sun-up.
1500	Small yellow green bird hitches ride on WayFinder – Picks off flies (acquired along Outer Banks and Chesapeake). Hanging on boat rails and windows.
1600	Wind shifts from South to N/E, seas build, boat pitching into head seas.
1740	Nobletec Electronic Navigation program encounters problem and shuts down. Switch to auto compass steer and paper chart navigation. Could not get Nobletec to restart, shutdown computer, re-load Nobletec, CD program disc – Restart Nobletec – switch back to computer navigation and auto pilot.
2000	Head seas 5'+, boat speed slowed to 5–5.5 kts – uncomfortable ride change nav course to Cape May Harbor entrance.
2330	Arrive at Cape May entrance bell buoy, switch to manual steering control for entry through breakwater into harbor.

### **Wednesday 5/4/16**

0015	Set anchor in 10' water off Cape May Coast Guard Station. Shutdown main engine, start generator. Light snack of bread and soup, ice cream sundae, off to our bunks for a much needed rest. Yellow bird finds dock lines in aft cockpit to spend night. Gone in morning.
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### **Thursday 5/5/16**

	At anchor off Cape May Coast Guard Station. Wind offshore 20-30 kts from NE, seas 5 – 10', periods of rain.
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### **Friday 5/6/16**

	Crew enjoyed regular meals aboard, comfortable sleep. Daytime watching Coast Guard training recruits and TV.
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\*\*\* continued on page 4 \*\*\*

## An At Sea Adventure Moving WayFinder North

By Tom Dailey and David Trudeau

\*\*\* continued from page 3 \*\*\*

<b>Saturday 5/7/16</b>	
0645	Anchor up, heading out Cape May inlet, follow along NJ coast with 2-4' following seas.
1800	Off Barnegat inlet, fog closing in. Another bird (Swallow) apparently too far offshore hitches ride on WayFinder. Overnight passage across all three NY Harbor shipping lanes with zero visibility. Made safe passage with on board radar and AIS Electronics.
<b>Sunday 5/8/16</b>	
	Traveling along Long Island South Shore. Weather forecast for cold front Sunday afternoon with West to NW winds 10-15 kts – gusts to 25 kts. Increase boat speed to 7.5 kts to hopefully get ahead of 25 kts winds.
1500	Off Block Island, winds shifting to West and increasing. Swallow riding on WayFinder leaves.
1800	Entering Narragansett Bay, winds shift NE 20-25 kts with gust to 30 kts.
1830	Winds across Narragansett Bay steady at 30 kts gusting to 45 kts. Boat heeling to starboard spray flying horizontally.
1930	Arrive at marina docks, rig fenders, dock lines and bring boat through fairways to slip. Docking assisted by good Samaritans on dock to grab lines.
1945	Boat secured, crew celebrates with cocktails and dinner ashore.

## Upcoming Courses Fall, 2016

This fall, we will offer two courses, running concurrently.

On Mondays, starting September 19, we will offer Weather. Mohawk Hudson has an excellent Weather instructor, and I will see if I can get him to teach a session or two. We have a number of people who have taught Weather in the past, and I will be calling on some of them to teach a session or two.

On Tuesdays, starting September 20 (skipping second Tuesday of each month), we will offer Piloting. We have a number of people who can teach Piloting, and there will likely be a number of instructors (volunteers accepted). Both courses are listed on HQ800, and advance registration is needed so I know how many books to order. Course descriptions are included in the next column.

**Carl Filios, SN**  
**Squadron Educational Officer SEO**

## Upcoming Course Descriptions Fall, 2016

### ***PILOTING***

Learn the essentials of safe coastal and inland navigation using basic GPS in conjunction with charts and other marine data. The *Piloting* course teaches you how to use the GPS along with traditional dead reckoning techniques for planning and laying out safe routes, as well as ensuring that you are on-course while underway.

#### **What's Included?**

- Charts and their interpretation
- Landmarks and navigation aids (buoys, daymarks, lights, etc.)
- Plotting courses and determining direction and distance
- The mariner's compass and converting between True and Magnetic
- Use of GPS - basic GPS displays and information they provide, setting up waypoints and routes, staying on a GPS course
- Pre-planning courses and entering them into the GPS
- Monitoring progress and determining position by both GPS and traditional techniques such as bearings and dead reckoning
- The "Seaman's Eye" - simple skills for checking that one is on course

Ten classes of two hours each normally are scheduled for presentation of this course. In addition the students have seven days to complete an open book exam.

### ***WEATHER***

For boaters, knowing the forecast isn't enough; you need to understand its impact on you and your boat. Gain the knowledge and confidence to venture out on the water. Be a responsible skipper, protect your friends and family and take this course today.

#### **What's Included?**

- How weather systems form, behave, and move
- Where to get weather reports and forecasts on the Internet
- Using full color photographs and drawings to understand weather in the United States
- Using Daily Weather Maps - learning aids with a complete explanation of map symbols designed to develop weather map reading and analysis skills
- Understanding NOAA's *Sky Watcher Chart* - a reference to assist in identifying cloud types

The *Weather* Course is designed to be conducted over ten two-hour sessions including time for review and the multiple choice closed book exam.

**Carl Filios, SN**  
**Squadron Educational Officer SEO**

## Rivers, Locks, and Lakes



Today we completed the "hands on" part of the Rivers, Locks, and Lakes seminar. We started with two boats and 17 people. It was the first day in the water for both boats, so it's not surprising that there were some issues.

The first boat, with eleven on board, started out by going through lock seven on the Mohawk River. We were assigned in pairs to learn how to get through locks. It's an interesting process which requires attention to what's going on. We met the second boat just before lock 6, where both boats stopped for lunch. The second boat had some difficulty getting to the spot, and managed to go aground, resulting in damage to the boat (loss of cooling). After lunch, the first boat towed the disabled boat back to its starting marina. Unfortunately, during the tow, the first boat ran aground, resulting in damage to one engine. We completed the balance of the trip with one boat, running on one engine.

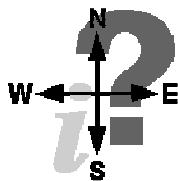


We went through locks seven through two on the Mohawk River and the Federal lock on the Hudson River. We proceeded downriver to the Ravena Coeymans Yacht Club. All of us got to assist with the process of going through the

locks. Since we were going downriver, we entered the lock at the high water end, and the water was drained, allowing us to exit at the lower end. Most of the locks have a drop of over thirty feet. After the boat enters the lock, the upriver gates are closed and water is released, lowering the water level in the lock to that of the river downstream. While the boat is in the lock, you have to grab onto ropes that are hanging down in the lock or hook onto one of the ladders in the lock. The idea is to hold the boat steady against one side of the lock. The exercise also involves adjusting the height of the fenders as you go through. Gloves are a good idea, and you have to remember not to touch the sides of the lock, which could result in damage to your hands or feet.

In addition to learning how to navigate locks, we were able to witness towing firsthand, as well as how to recover from grounding. All in all, it was a very educational and fun day.

**Carl Filios, SN**  
**Squadron Educational Officer SEO**



*Ask Mr. Melville*

Got a question about BSPS or USPS? Not certain what to do? Send a note to Mr. Melville.

Dear Mr. Melville. I want to take a course to increase both my knowledge of boating and also of USPS. What would you recommend?

Signed: *Yearning to Learn*

Dear "Yearn": Let's break this down first. This Fall, our Educational Officer, Carl, says he is going to offer Piloting and the Weather course - both would be an excellent way to hone your skills. The Weather course is one you can use on land or on your boat. As for learning more about USPS, we have a great course which sounds like a mouthful "OT in 3". It is a 3 hours seminar which talks about USPS plus it shows you how to look up things and find things on the USPS web. We're trying to put it together for the Fall also. So keep checking the Berkshire Log.

**Mr. M.**

Dear Mr. Melville, You seem to be a good source of information so here goes I want to look for and buy a boat. Now for the question - are there people who would be willing to help me find a good one?

Signed: *Boatless*

Dear "Boatless": So there are a few requirements that you didn't mention - have you decided where you are going to use it? Do you want power or sail. New or used. How big? Once you made up your mind on those items, lots of folks will be willing to help you "kick the tires". Of course you would want a person who is familiar with the type of boat you are looking for. So make the decisions first and then call anyone and ask them for a name. Or call the Commander, she knows lots of folks - power and sail, who would love to go boat shopping with someone.

**Mr. M.**

## From the Mouth of Moby Dick (The Squadron's Mascot)



### *Miscellaneous Snips - Quotes overheard at the Change of Watch and Miscellaneous Meetings of the Berkshire Squadron Members.*

- Didn't know where this was.
- Looked really small but it opened up really huge.
- Wow that is super big – and look at the size of that dish.
- I've never seen anything that big before! Most are taking it home.
- Look at that stack of paper! Oh it's At-a-Boy-Girl!
- She attracted a bunch of guests from the District – who are these guys?
- Mike sure outdid himself this time and Tiramisu too!
- Can't wait for the next one – we're going!
- I think the reason they come is for the meal – the meeting is just the penance!
- She never shuts up.
- Don't forget, **BLT** stands for the Berkshire Leadership Team not Bacon, Lettuce & Tomato!
- Interested – you can be the voice of Moby – come to the next meeting Flag Day, Tuesday June 14 at Zuc-cos. Dinner 6 PM (1800) – meeting at 7 PM (1900). Come to this one because the next one isn't until August!

### **Get Involved – Just Jump In!**



## Medical Emergencies on your boat

By: Michael Jezak

Medical emergencies can happen to anyone at almost any time. Being able to react properly begins with proper medical training and the correct medical supplies. Medical emergencies on board a boat can range from illnesses to injuries to poisonings. Depending on your training and the length of your cruise, your medical supplies will vary. Blue water voyages will require a medical kit with supplies that can cover all of the potential medical emergencies that could occur.

Medical training begins with a basic first aid class. In these classes individuals are taught how to assess the patient and make a determination as to what the ailment may be. When an individual comes into contact with a substance which they are allergic to they have the potential to go into anaphylactic shock, which has the potential to stop someone from breathing. Individuals are taught how to treat someone suffering from anaphylactic shock using an epi-pen.

Students are taught the basics of how to control bleeding. On the water bleeding control is a major issue. Injuries can happen at almost any time and to anyone. Bleeding control begins with applying direct pressure using gauze and different type bandages. If this does not stop the bleeding, then elevate the wound. If after a while, approximately 15 minutes, the bleeding has not stopped, pressure should be applied to a pressure point, veins or arteries. Applying pressure until the bleeding slows or stops. If these options fail to stop the bleeding, the use of a tourniquet is required. Tourniquets are becoming more commonly used, after they have shown their great success overseas in combat.

The class will also teach students how to properly use CPR (Cardiopulmonary resuscitation). Proper CPR and the use of an AED can raise the success rate of a resuscitation. The success rate of CPR reduces drastically the longer proper CPR and medical treatment is delayed.

For information on classes please contact Mike Jezak at [Mikejezak@gmail.com](mailto:Mikejezak@gmail.com) or 413-212-2193.

## Passing of a Previous Member

We are saddened to hear of the passing of Frederick Dewey Vorck, Sr. who died on September 9, 2015 of causes incidental to lung cancer. He was an avid boater and a previous member of the Berkshire Sail and Power Squadron.

## Summer Fun Come join Berkshire Sail and Power Squadron.

### *Live on the Lake*

Where: Meet at Onota Boat Livery  
Wednesday, July 13, 2016

(rain date of Wednesday, July 20, 2016)

Onota Boat Livery will be providing Pontoon boats to members wishing to join.

Please arrive before 5:30 PM

Parking will be limited, so carpool if possible.

Bring your favorite sharable dish, BYOB

**RSVP by the 8<sup>th</sup> of July to reserve a space to:**

Mike Jezak (413-212-2193) or [Mikejezak@gmail.com](mailto:Mikejezak@gmail.com)

### *Summer Dock Party*



On-

Boat Livery

Saturday, August 27, 2016 at 6:00 PM

We will provide Burgers and Hotdogs etc.

Bring your favorite summer party food, BYOB

**RSVP a must by the 24<sup>th</sup> of August to:**

Mike Jezak (413-212-2193) or [Mikejezak@gmail.com](mailto:Mikejezak@gmail.com)



Where:  
ota

## Course Completions & New Members

The ABC Course is now over, with 11 students having completed the course. Congratulations to those students.

The following five people successfully completed Electronic Navigation: Cindy Dinan, David Trudeau, Peter Samsel, Tom Dailey, and George Reynolds.

Welcome to new members: Ted Kaufmann, Carolyn Kaufmann, and Alexander Morin.

## Please Join us for our Next Rendezvous

Our next rendezvous is coming up soon. Please see the information about the Rendezvous later in this LOG, and please join us.

## Makeup Session for the Basic Weather and Forecasting Seminar

For any of you who missed the Basic Weather and Forecasting Seminar, there will be an additional session planned for Tuesday, June 21, at the First United Methodist Church. Depending on enrollment, Carl may hold it at his house. Please call or email Carl Filios to let him know your plans.

(413-442-8984, [cefilios@verizon.net](mailto:cefilios@verizon.net))

## Change of Watch Successful

We had a very successful Change of Watch event, including recognition of numerous accomplishments during the past year. We also successfully elected the bridge to lead our Squadron for the next year. Thanks to all who participated, and especially to Mike Jezak for organization of a great event.



D/C Vincent J. Evans, AP and P/D/C Gino Bottino, AP are presented Berkshire Squadron burgees by Stf/C Susan L. Darcy, JN

# Berkshire Sail and Power Squadron SPRING RENDEZVOUS June 24 - 26, 2016 Block Island RI - New Harbor (Great Salt Pond)

Mark your calendars now and plan to join fellow Berkshire Sail and Power Squadron Members and friends the last weekend in June for our annual spring rendezvous. This year the rendezvous will be held at Block Island.



Come by sail, power, or ferry and enjoy a weekend of fun, friends and relaxation in and around Great Salt Pond. We will get together Friday evening for dinner at The Oar. The Oar is a casual spot located in the south corner of New Harbor.

Saturday explore the island and hike into town for lunch, libations, and ice cream or head to the beach and kick back. Saturday night details will be forth coming depending on members attending. We will go out again or have a Pot Luck Party aboard or shore side, depending on the number of squadron members in attendance.

Sunday will draw an end to this round of fun with folks departing at various times for home or the next leg of their trips.

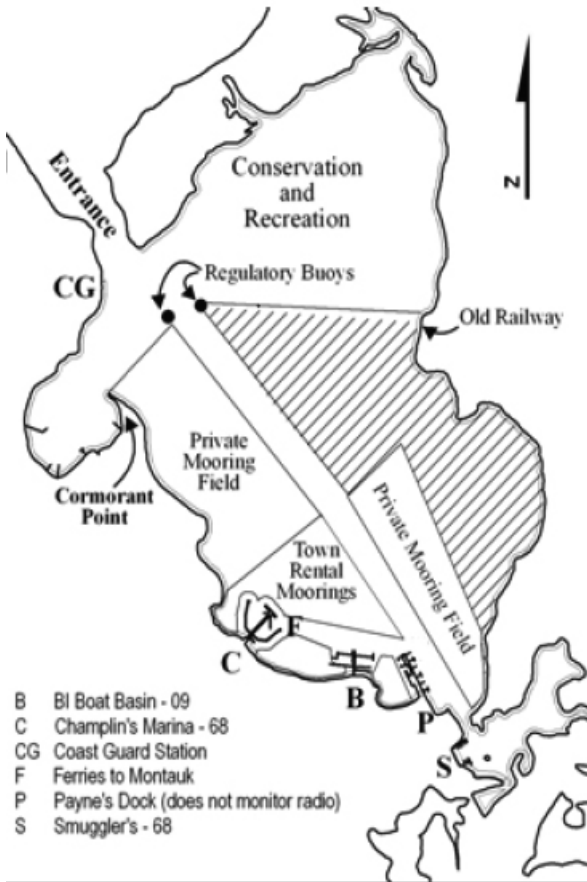
**Get Ready to Start the Season!**



2015 BSPS Spring Rendezvous at Goddard Park, Greenwich Bay, Rhode Island



## New Harbor



## Anchorage and Mooring Information

Town Rental Moorings:

- There are 90 Town owned rental moorings available on a first come, first served basis and cannot be reserved.
- Moorings are \$40 per night per boat.
- The town rental moorings are light green colored center pipe mooring buoys with black numbers. Orange moorings are for vessels over 50' in length and cannot be used without permission from the Harbormaster.

## Marina Information



Block Island Boat Basin  
West Side Road  
(401) 466-2631 ~ Marine Channel 9



Champlin's Resort and Marina  
[www.ChamplinsMarina.com](http://www.ChamplinsMarina.com)  
(401) 466-7777 ~ (800) 762-4541  
Marine Channel 68

If you are interested or planning on attending the Spring Rendezvous, please contact Cindy or Kevin Dinan for more information at 637- 4595. You can also email Cindy at [cfdinan@gmail.com](mailto:cfdinan@gmail.com) or Kevin at [kjidian@aol.com](mailto:kjidian@aol.com) .

Respectfully Submitted  
Cindy Dinan